

Family Responsibilities

Outside

Sweep: Porch, Sidewalk, Patio

Clear Snow

Bring in newspaper

Take out Garbage

Inside

Dust: furniture, bookshelves, piano, stereo, tv

Vacuum: carpets, rugs, floors

Empty: ashtrays, wastebaskets, garbage

Mop: floors

Scrub: sinks, bathtubs, toilets

Wipe: light switches, counter tops

Kitchen

Shop and put away groceries

Prepare and cook meals

Table: set, clear, wipe

Dishes and utensils: scrape, rinse, wash, dry

Dishwasher: load and empty

Stove: clean

Refrigerator: wash

Laundry

Collection:

Linens- strip beds, put on clean sheets, remove towels from bathroom, replace with clean towels

Clothing- pick up and put in laundry, empty pockets, sort according to color

Wash, dry, iron, fold, hang, sort, deliver to user

Sewing

Mend, darn, replace buttons, new clothes, household items

Pets

Feed: buy, prepare, serve, clean, give fresh water

Sanitation: take outdoors (am and pm), clean litter box or cage

Exercise

Bathe and brush

Care for others

Transportation: Doctor, dentist, school, special lessons, sports, activities

Siblings: babysitting

Infant- diapers, bottles, attend

Toddler- watch, toilet, read to, clothe

Other relatives

Aged or infirm: accompany, visit, read to, play games with, walk with, assist

Toys

Keep in order, put away, clean, repair, store in appropriate place

Financial and clerical

Earn income, provide sustenance, balance budget, pay bills, keep records

Maintenance

Routine: cut the grass, take grass clippings, rake leaves, pull weeds, trim trees and hedges, sweep sidewalks

Specific: shovel snow, replace furnace filters, change light bulbs, make minor repairs, wash windows, paint, wallpaper

Automobile

Wash, get gas and oil, vacuum inside

Errands

Clothes to cleaner or laundry, shoes to be repaired, drugstore, library, shopping other than food, things to be fixed, things to be cleaned